



Lunenburg Yacht Club

Keelboat Racing Program

Sailing Instructions 2011

I. Authority

- I. These Sailing Instructions are issued by the Race Committee of the Lunenburg Yacht Club (LYC) in accordance with the rule 90 of the International Sailing Federation (ISAF) Racing Rules of Sailing and the Bylaws of LYC.
- II. The Racing Schedule is issued under the authority of the Race Committee and is subject to change at the discretion of the Race Committee. Any changes will be posted on the official LYC Notice Board.

2. Rules

All races conducted by LYC will be governed by the latest edition of the ISAF Racing Rules of Sailing, the prescriptions of the Canadian Yachting Association (CYA), and these LYC Sailing Instructions.

3. Courses

Courses will be indicated either by numbered white or red/green coloured square(s) displayed on the course board adjacent to the yellow signal mast/start platform (SW corner of the LYC property). The mark legend for these numbers and courses are described on the current LYC Race Course Card.

- I. Pre-set courses are indicated by numbered white square(s). The number displayed indicates the course to be sailed. If the course number is preceded by a solid coloured red square, the course shall be sailed in the reverse order.
- II. Non pre-set courses are indicated by numbered green and/or red squares. The course is to be read from left to right.
- III. If LYC Special Courses # 51 - # 53 are preceded by a solid coloured green square, the course will be sailed as listed on the course card and all marks will be left to starboard. If they are preceded by a solid coloured red square, the course mark list will be sailed in reverse order leaving all marks to port.

4. Notices and "Officer of the Day" Responsibilities

- I. Notices to competitors will be posted on the official LYC Notice Board.
- II. LYC yachts which regularly race and/or members of the LYC Race Committee may be scheduled as the "Race Officer of the Day" (OD). This designation will be listed on the racing schedule of the LYC Website and posted on the official

LYC Notice Board. It is the responsibility of the skipper or regular crew member of the yacht listed to select the race course and inform the LYC Starting Officer 30 minutes prior to the scheduled race start. The LYC Race Committee will select a course if the OD does not provide one within 30 mins of the start.

5. Eligibility

- I. All yachts must register in the LYC Racing Program. If a yacht has not completed registration (including submitting the required racing fee and providing proof of insurance), they will not be scored.
- II. The skipper of any LYC yacht participating in club racing must be a member in good standing of LYC. Individuals who are not members of LYC may only skipper a LYC yacht once per season.
- III. All crew members of any LYC yacht participating in club racing must be a member in good standing of LYC. Individuals who are not members of LYC may only participate as a guest in 3 races per season.
- IV. The LYC Keelboat Racing Program is only open to mono-hull keelboats with a valid NSYA-PHRF rating.

6. Liability Insurance

All entrants are required to file proof of \$1,000,000 Public Liability Insurance Coverage to the Race Committee prior to participating in any LYC racing. A photo copy of the insurance policy indicating the company's name, expiry date and policy number shall be considered proof of insurance.

7. Starts

Start times are listed on the Racing Schedule posted on the official LYC Notice Board. Times may be changed at the discretion of the Race Committee with one week prior notice. Start signals will be made from the yellow signal mast adjacent to the SW corner of the LYC property.

- I. Starts will be conducted as per Rule 26.
- II. The requirements of Rule 30.1 are in effect for all starts without the need for the 'I' flag to be flown.
- III. For all races, unless otherwise specified by notice on the official LYC Notice Board (eg pursuit races, special races) there will be two starts. Yachts rated LYC PHRF 149 and above will start first with a yellow shape as the class flag. Yachts rated LYC PHRF 148 and below will start second with a blue shape as the class flag. Taking a white sail credit does not change starting fleet.
- IV. A minimum of two yachts are required in order to start a race.

8. Safety Requirements

All yachts competing must comply with the Canadian Safe Boating Guide.

9. Start and Finish

- I. The starting and finishing line shall be the extension of a line through the yellow LYC signal mast adjacent to the SW corner of the LYC property and the inner of the two yellow buoys marking the start/finish line. The outer yellow buoy marks the outer limit of the start/finish only and may or may not lie on this extended line.
- II. A yacht must sail between both yellow buoy marks to be scored as starting and finishing and must cross the extended transit line from the signal mast and the inner yellow buoy mark.

The starter may broadcast race instructions to the racing yachts on VHF channel 68 for the following:

- Course designation
- OCS
- Shorten course
- Finishes in poor visibility

10. Shorten Course Signals

Code Flag "S" may be displayed on the yellow LYC signal mast with two sound signals as the lead boat in the fleet approaches, indicating to sail through the LYC start/finish line to finish. This modifies rule 32.

11. Special Instructions

- I. Any time yachts are proceeding from east to west across the start/finish line, or its extension, as part of the course, they shall pass between the two yellow buoys marking the limits of the start/finish line. There is no such requirement when passing west to east.
- II. While racing, no yachts shall pass between Seal Ledge Stake (MJ51) and Herman's Island or Covey Ledge Buoy (M61) and Coveys Island except to round them when they are marks of the course. While racing, no yachts shall pass between Little Herman's Island and Herman's Island. The red stakes off Little Herman's Island (ME66 and ME64) shall be respected at all times.

12. Use of VHF Radio

All racers are encouraged to monitor VHF CH 68 during racing for the purposes of safety and are asked to report retiring from the race and crossing the finish line after dark or in poor visibility.

13. Time Limits

- i) For Thursday evening races (except for the Thursday Night Fall Series) the lead yacht must finish by 2100 hours. Remaining yachts shall have until 2145 hours to finish.
- ii) For Thursday Night Fall Series races the lead yacht must finish by 1945 hours. Remaining yachts shall have until 2015 hours to finish.
- iii) For weekend club races the time limit for the lead yacht shall be four hours. The time limit for remaining yachts shall be five hours thirty minutes.
- iv) For special courses (#49-53) the time limit for the lead yacht shall be six hours. The time limit for remaining yachts shall be eight hours thirty minutes.

14. Scoring

The low-point scoring system Appendix A will apply with the following modifications:

- i) Yachts which do not start (DNC or DNS) a race will be scored points for a finishing place two more than the number of yachts in the series.
- ii) Yachts starting but not finishing a race, or those who retire or are disqualified (OCS, DNF, RET, or DSQ) will be scored points for a finishing position one more than the number of yachts in the series.
- iii) To be scored in a series, a yacht must have started 50% or more of the races in that series.
- iv) Each yacht's monthly Thursday Night Series score will be the total of her 3 best race scores in that series.
- v) Each yacht's overall Thursday Night Series score will be the total of her 12 best race scores. The fleet size for the overall series is equal to the number of yachts starting 50% or more of the Thursday Night races.

15. Alternative Penalties

Rule 44.2 is in effect. In addition, a yacht who realizes after finishing, but before protests are heard, that she has broken a rule of Part 2 while racing, may choose to accept a 20% scoring penalty as outlined in rule 44.3(c). Such penalty shall not be less than 1 place. Acceptance of this penalty must be communicated to the OD, prior to any protests being heard.

16. Protests

- i) The time limit for lodging a protest is 30 minutes after the last yacht to finish has docked or moored.
- ii) Protests will be heard within one week.

17. Withdrawal or Disablement

In the interest of safety and to prevent needless emergency response, yachts must report withdrawal or disablement to the OD or Race Committee either in person, by telephone or radio as soon as possible. Yachts not so reporting may be penalized at the discretion of the Race Committee.

18. Handicaps

LYC Yacht Handicaps will be assigned and governed by a system prescribed by the LYC Race Committee. Ratings and changes will be posted on the official LYC Notice Board and the web site.