



Adult Sailing Lessons

Hello,

This year at L.Y.C. the Learn to Sail program will once again be holding keelboat sailing lessons for adults. The program is targeted towards anyone wishing to learn how to become a better sailor, regardless of previous sailing experience. The lessons will aim to teach and refine various important sailing skills, and elevate one's confidence on a boat

Lessons will take place in groups of no more than four students, on Monday, and will generally run from 6-8 in the evening. The lessons will be structured into a four-week session, with a total of four lessons a session. Sessions will run in both July and August.

If you are interested in taking lessons, but would rather do so in a private setting, we are also able to accommodate private lessons. These lessons can be conducted on one of our club keelboats. If the student wishes to sail on their own boat, that can also be arranged. If you would like to set up a private lesson, it is advised that you contact the head instructor before filling out lessons dates on an application form.

For an application form for private and group lessons, please visit our website at www.lyc.ns.ca/learntosail, or simply e-mail or phone the Learn to Sail centre.

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